

# Swimming Lesson Contract

Camper Name \_\_\_\_\_

Sangamon's campers choose their activities each period of each day. We do not require attendance at any activity in the program, including swimming instruction. At the same time, we think that everyone should have good enough swimming skills to be self-rescuing and safe in water situations. So we encourage everyone to learn to swim at least past the middle levels in the Red Cross Program.

All campers are tested and placed in a category at the beginning of each session. These categories determine which areas of the waterfront they may swim in, and which boating activities or swimming trips they can participate in. **Good swimmers get more opportunities!** We teach lessons in the morning, five days per week (weather permitting), and we teach several class levels each period. Campers will hear which classes are taught which periods by listening to announcements at breakfast. They can then plan their morning.

This contract is intended to act as an agreement between Campers and Parents about swim instruction during the session. We feel three lessons is an adequate number, but more lessons mean more learning! We encourage some skill work each week at every level.

**Camper:** I have discussed the question of swimming lessons with my parent(s) and hereby agree that I will take swimming lessons \_\_\_\_ times per week, weather permitting, out of a possible 5 (five) days. I understand that it is my responsibility to fulfill this obligation. This is an HONOR agreement. I also understand that Sangamon's staff will be reminding me of this agreement, and will expect me to live up to my word.

Signed \_\_\_\_\_

**Parent:** I have discussed swimming lessons with my son and we have agreed that he will take swimming lessons \_\_\_\_ times per week, weather permitting, out of a possible 5 (five) days. I understand that this is a responsibility my son is taking on for himself. Sangamon's staff will keep a record of his progress, do their best to encourage his efforts, and remind him of his obligation to take lessons.

Signed \_\_\_\_\_  
\_\_\_\_\_

**All campers must submit this form with the camp health form.  
Please write "NA" if taking swim lessons is the camper's option.**

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