

# THE CHIRRUUP

Week 7

[www.campsangamon.com](http://www.campsangamon.com)

## **Come together**

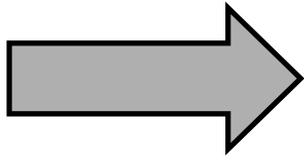
Camp Sangamon is a lot of things. It's the freedom to make your own decisions and get out of your comfort zone. It's the time and space away from the busy ways of "real life" to just be. It's believing in the wonder of life in the out of doors.

But mostly, it's a community. We had a lot going on this week, from Old Vermont Day to Addison County Fair to the long-awaited disco social. None of it would have been possible, or nearly as fun, without a great community helping out every step of the way.

As Session 3A draws to a close, we're thankful for the community that makes camp possible. All of the leadership who contribute to the smooth running of camp, the staff who run activities and games and everything else, the visitors who bring their stories and their energy to camp, and of course, the campers who are the heart of camp.

We're bidding goodbye to many of our friends this week, but we're also looking forward to the final week of camp. Bring on Week 8!

## Sanga Stylin'



### IN:

Mysteries

Pan flutes

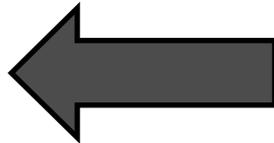
Disco

### OUT:

Patrick Gartrelle

Apprentices

Cone of the day



## MOUNTAIN BIKING

We go mountain biking almost every day. It's a really great activity, and there's always a lot of people each trip. Everybody is constantly improving at biking.

**Ethan Hill, Alex Ernst, Cabin Gale**

## MOUNTAIN BIKING

Today we went on a cool trail in mountain biking. It's called the Pumphouse Path. We started by the Weavery and ended in Betsey Cox (BC). It was super fun, it had lots of twists and turns as well as dips in the trail. We had a great time, it was a challenging trail though! We hope that we can ride the trail again.

**Hank Banks, Diego Ayala, Cabin Breeze**



## That's camp sangamon

When I was coming to camp in the middle as the session I thought it would be hard to make friends or fit in. I was wrong. Everyone at camp is nice and welcoming. They made me feel welcome. They made me feel like I was here the whole time. That's Camp Sangamon.

**Varun Khanna, Cabin Breeze**

# POETRY CORNER

## *Cabin in the Trees*

Take me back to that cabin in the trees  
Take me back to that pond beneath the hill  
Take me back to the tree we used to climb  
I doubt that it's waiting for me still though  
Bring me back to those quiet nights  
Out under the northern stars  
Let me hear the sounds of the creaking pines  
The soft rustle of the forest and the sky  
And when I'm alone give me silence  
The silence of a contented world

Take me back to the old, creaky beds  
Take me back to the dusty, wooden floors  
Take me back to the battered old table  
Take me back to broken out windows  
Take me back to the cabin in the trees  
Because that is when I know I am closest

**Henry Richards, Cabin Gale**

## *REST HOUR*

The wind flows through the trees  
A quiet rustle only the sharp-eared hear  
I dive into a book  
With no one to pull me out of its world  
Many fall asleep  
But I enjoy the peace

**William Gottschalk, Cabin Gale**

## STARS

Stars at Sangamon  
So beautiful at nighttime  
How I love them so

**Zane Elinson, Cabin Gale**



# ***UNDERNEATH THE MOUNTAIN RANGES***



I went to a place called Mount Tom. I had a great time with my friends. By far it was one of my favorite trips yet. After the hike, we went to Chittenden Dam and had a blast. At the top of Mount Tom, we ate a great lunch. We walked back down, then got back in the car. Then that is when we went to the Dam. After a little swim, we came back to the camp, and that was my Mount Tom hike.

**Kayden Stockledger, Cabin Blow**



I went on a trip to Mount Tom. I was walking up the mountain and we got to the lake and we walked all around the lake and then went up the mountain and we went on a little detour and we went on a part of the trail and we walked into an area of the trail and it felt like we were in a different part of the world and I loved the trip.

**Logan Desforges, Cabin Breeze**



## *Old Vermont Day*

This Saturday was Old Vermont Day, a day in which we participated in all sorts of old activities, such as carrying logs around and making hand-squeezed lemonade. It was a lot of fun, and afterwards, we got apple pie for breakfast, which was pretty great.

**Ayler O'Leary and Declan Murphy, Cabin Breeze**



*Cabin Blow's dunk tank at Sangacox Fair after Old Vermont Day*



## **Pho.....Toe!**

Today I went to Pho...Toe, and it was super fun! We went with our sister cabin. First, Evan showed us how to use cameras. After that we just took a stroll around camp taking photos. It was pretty fun. Eventually we got back to the shack and we started to develop! By the way, if you decide to develop a photo, make sure to keep calm because it can be really nerve-wracking. But of course knowing me, I almost messed up multiple times. Anyways, that's really all.

PS. Definitely try Photo

**Juan Melendez, Cabin Blow**

## **THE LONG AND WINDING ROAD**

On Friday, most of Cabin Blow went mountain biking on the Pumphouse path. It is one of the hardest and most fun trails on camp. We were only going to do a short ride to BC and back, but ended up taking a better trail. The trail was super fun. My friends and I think mountain biking is one of the best activities on camp. Overall the ride was amazing. You should totally go to mountain biking.

**Jonathan Nazzaro, Colin Noble, Cabin Blow**

## ***WE ALL LIVE IN A YELLOW SUBMARINE***

On Monday we went on a fishing trip to Chittenden Dam. It was a beautiful day with nothing but pure blue sky. We canoed over to an island and had sandwiches for lunch and chips. While canoeing over to our fishing spot, we sang camp songs like 'Paradise' and 'Yellow Submarine'. The wind made fishing much harder since we kept being blown to shore. While fishing, Silas caught three fish—one perch, one sunfish and one largemouth bass. Hudson caught a fish accidentally by dragging the line behind the canoe for fun (referred to as trawling). It is a great memory of fun, fishing and a beautiful day.

**Hudson Athas, Silas Pugatch, Cabin Blow**



## **WE'RE ALL WATER**



Always remember to drink water. Water keeps you in good health. Without water, bad things happen. Keep a water bottle with you. Visit Yannick. The hydration station is lit. Keep a good supply of water. Fill yourself with liquid.

**Logan Baker, Nathan Maddaloni, Cabin Blow**

# ADDISON COUNTY FAIR

I went to the Addison County Fair with twenty bucks and left with none. How, you ask? Well I'll tell you. First I bought a 64oz drink container. The next thing I did was buy tickets for rides. I went on a ride that sent me 1 billion feet in the sky. I then had to drink water, because that is very important. If you don't, then I'm certain you will get sick. The next thing I bought was a bucket hat. Then I bought an ice pack/warm pack. It was super fun. If you ever go to Addison, then please spend all your money on fun stuff.

**Orry Shackney, Cabin Blow**



Yesterday, we went to Addison and it was very fun. I got lots of food and went on lots of rides. It was very fun and I can't wait to go next year.

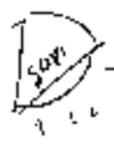
**Caleb Bargsley,  
Cabin Breeze**



I love dip. Every morning I wake up super early to go to dip. It is really fun. Last Thursday it was raining super hard. You could hear the rain underwater. It was really cool. Sharona was there to register us. She is really cool staff. It never rains at the pond.

**Yannick, Cabin 8**

# Hydration Station



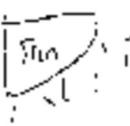
I have a bit of a headache



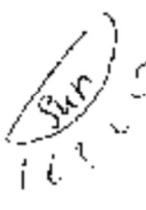
Have you been drinking enough water?



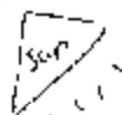
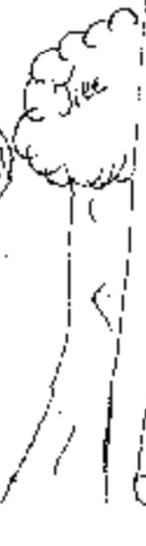
No, my water bottle has been empty for hours



Having a headache is one of the first signs of being dehydrated



Follow me to the Hydration Station!



I feel so much better! Thanks!



Hydration Station



Staying hydrated is very important at camp, especially when it's hot outside! Are you feeling better?

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Sangamon!  
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